

**Nestlé UK Ltd**  
*Allergy/Intolerance Information*

**Nuts, Peanuts and Traces of Nuts**

**Nestlé Goods brought into the UK direct by retailers**

Nestlé UK Ltd is part of a large international company, which produces many different products world-wide. As a recipient of the enclosed allergy and intolerance information list you will be aware of our commitment to provide up to date and correct information about our products.

Recently some UK retailers have been importing Nestlé products from both Europe and other countries without our knowledge and as a result we are unable to guarantee that these imported Nestlé products are suitable for your allergy/intolerance. While appearing to be superficially similar to their UK counterparts, there are often recipe and production differences according to the country of origin.

We can, however, guarantee that Nestlé products produced in the UK and shown on this list are suitable for your allergy/ intolerance as outlined in the next few pages.

For your own safety, please check the label of the product that you have purchased – even if you have eaten the product before

If you are unsure please contact us and we will do our best to help you. You can contact us free on 00800 637 85385.

Our website address is [www.nestle.co.uk](http://www.nestle.co.uk) – you can email us from the ‘contact us’ screen.

**Useful addresses for further information**

**The Anaphylaxis Campaign**

**PO Box 275**

**Farnborough**

**GU14 6SX**

**Tel: 01252 546 100**

**Helpline: 01252 542 029**

**Fax: 01252 377 140**

## **FOODS SUITABLE FOR A NUT AVOIDANCE DIET**

The ingredients used in the manufacture of the products listed below do not contain any nuts or their derivatives. Products listed in **bold** are recent additions/alterations.

Where nuts or peanuts are used in one of our products this will be declared on the label as an ingredient in the ingredients listing. If the product does not contain nuts but has been manufactured in an area where it may have come into contact with nuts or nut-containing products, the statement 'may contain nut traces' will be present at the end of the ingredients list.

If you require any further information regarding any of our products, please contact:

Consumer Services, Nestle UK Ltd, Freepost, York, YO91 1XY

Tel: 00800 637 85385

Email: [consumer.services@uk.nestle.com](mailto:consumer.services@uk.nestle.com)

Please check our website <https://www.nestle.co.uk/en-gb> for regular updates

Product	Suitable for a Nut Avoidance Diet
<b>Beverage</b> Coffeemate	Original Light
Nescafe Alta Rica	Alta Rica Decaffeinated
Nescafe Azera	Americano, Intenso, Espresso, Cappuccino, Latte, Mocha, Decaff, Flat White Azera Iced Cappuccino Azera Caramel Latte
Nescafe Azera To Go	Latte, Cappuccino
Nescafe Azera Nitro	Americano, Latte
Nescafe Black Gold	Black Gold
Nescafe Blend 37	Blend 37
Nescafe Cap Colombia	Cap Colombia
Nescafe Gold Sachets	Cappuccino Original Cappuccino Unsweetened Latte Caramel Latte Vanilla Latte Mocha Double Choca Mocha Latte Irish Cream Cappuccino Skinny Latte Skinny Cappuccino Decaff Cappuccino Unsweetened Decaff Cappuccino Strong Toffee Nut Latte Gingerbread Latte
Nescafe Dolce Gusto	All Varieties including Starbucks for Nescafe Dolce Gusto <b>EXCLUDING PLANT BASED FLAT WHITE ALMOND, OAT &amp; COCONUT</b>
Nescafe Espresso	Espresso

## Nut Avoidance List Updated January 2022

Nescafe Fine Blend	Fine Blend
Nescafe Gold Blend	Gold Blend
Nescafe International	International Roast
Nescafe Original	Standard Decaffeinated
Nescafe Shakissimo	Shakissimo Latte Skinny Shakissimo Espresso Shakissimo Cappuccino
Nescafe 3 in 1	Original, Strong, Extra Smooth
Nescafe 2 in 1	Original
Nesquik Powder +	Banana Strawberry Chocolate Hot Chocolate Chocolate 30% less sugar
Nestle Aero Hot Chocolate	Chocolate
Nido	Nido Milk Powder
Starbucks	Roast & Ground, Whole Bean
<b>Starbucks</b>	<b>Cappuccino, Latte, Mocha, Vanilla Latte, Caramel Latte</b>
<b>Wunda</b>	<b>Original, Unsweetened</b>

<b><u>Confectionery</u></b>	
Aero	Aero Peppermint Bubbles Aero Milk Chocolate Bubbles Aero White Chocolate Bubbles Aero Caramel 36g Bars only <b>Aero Combos</b>
After Eight	After Eight Orange Flavour Mint thins
Breakaway	Breakaway Milk Chocolate Biscuit Breakaway Caramac
Caramac	Caramac Bar
Kit Kat	KitKat 2 Finger Milk Chocolate Biscuit KitKat 2 Finger Dark Mint Chocolate Biscuit KitKat 2 Finger Orange Chocolate Biscuit KitKat 2 Finger Toffee Treat Chocolate Biscuit KitKat 2 Finger Dark Chocolate Biscuit KitKat 2 Finger Cookies & Cream Chocolate Biscuit KitKat 4 Finger Milk Chocolate Bar ( <b>NOTE: not Kit Kat V (Vegan)</b> ) KitKat 4 Finger Dark Chocolate Bar KitKat Chunky Orange Snack size 4 pack KitKat Senses 2 finger all varieties
Milkybar	Milkybar White Chocolate Bar & Sharing Block Milkybar White Chocolate Buttons Milkybar Giant White Chocolate Buttons Milkybar Cookies & Cream Sharing Block Milkybar Cookies & Cream Bites Milkybar Giant Buttons Milkshake Milkybar Mix Ups <b>Milkybar Combos</b>
Munchies	Munchies Chocolate Pouch Munchies Tube Munchies Cookie Dough pouch Munchies Choc Fudge Pouch <b>Munchies Gingerbread</b>

Nut Avoidance List Updated January 2022

Nestle	Pick & Mix Caramel Pick & Mix
Polo	Polo Sugar Free Mints Polo Mints Original Polo Spearmint Polo Fruits
Quality Street	Quality Street Mint Matchmakers Box Quality Street Mini Matchmakers Mint Chocolate Pouch Quality Street Orange Matchmakers Box Quality Street Honeycomb Matchmakers Box Quality Street Salted Caramel Matchmakers Box
Rolo	Rolo Chocolate Tube Little Rolos Pouch Bag <b>Rolo Combos</b>

Rowntrees Confectionery	Rowntrees Pick & Mix Rowntrees Jelly Tots Rowntrees Randoms, Squish'ems, Foamies Rowntrees Randoms 30% less sugar Rowntrees Randoms Sours Rowntrees Fruit Gums Rowntrees Fruit Pastilles Rowntrees Fruit Pastilles Dessert Rowntrees Fruit Pastilles Berries & Cream Rowntrees Fruit Pastilles Blackcurrant & Strawberry
Smarties	Smarties Tube Smarties pouch bag 105g Mini Smarties Smarties Milk Chocolate Bar & Sharing Block Smarties Little Bar Smarties Buttons all varieties Smarties Orange Sharing Block Smarties White Sharing Block
Toffee Crisp	Toffee Crisp Single Chocolate Bar Toffee Crisp Biscuit Bar Toffee Crisp Honeycomb
Yorkie	Yorkie Milk Chocolate Bar Yorkie Milk Duo Chocolate Bar Yorkie Raisin & Biscuit Chocolate Bar Yorkie Raisin & Biscuit Duo Chocolate Bar Yorkie Honeycomb Bar Yorkie Biscuit Bar Yorkie Protein Yorkie More Yorkie Orange Standard, Duo

<b><u>Nutritional Supplements</u></b>	
Meritene Milkshake	All varieties
Meritene Soup	All varieties

<b><u>Yogurts, Fromage Frais &amp; Desserts</u></b>	
Aero	Chocolate Mousse Chocolate Creations Peppermint Mousse

Nut Avoidance List Updated January 2022

After Eight	After Eight Dessert After Eight Mousse with Chocolate Layers
Angry Birds	Strawberry Yogurt
Lindhals Kvarg	Natural, Vanilla, Raspberry, Coconut, Stracciatella, Blueberry & Vanilla <b>Protein Pudding – Vanilla, Chocolate</b>
La Laitiere	La Laitiere Crème aux Oeufs La Laitiere Petit Pot de Crème Chocolat La Laitiere Petit Pot de Crème Pistache La Laitiere Secret de Mousse Duo
Munch Bunch	All varieties of Yogurt and Fromage Frais
	Jelly Delight Blackcurrant/Raspberry Strawberry/Raspberry Fromage Frais 30% Reduced Sugar Strawberry/Banana Fromage Frais 30% Reduced Sugar Huge Tubes Strawberry, Raspberry, Banana Double Up Strawberry & Peach <b>Fruit Puree</b>
Milkybar	Milkybar Dessert Milkybar Little Treat Pots Fromage Frais Milkybar Mousse
Nesquik	Nesquik Fromage Frais 6 pack Nesquik Duo Dessert
Quality Street	Toffee Penny Dessert
	Green Triangle Crème Dessert
Rolo	Rolo Chocolate Dessert, Dark Dessert Rolo Mousse Rolo Crack it Dessert

Ski	All varieties of Ski Yogurt Low Fat Smooth Tropical Yogurt
Ski Mousse	Lemon Mousse Strawberry Mousse Raspberry Mousse Passionfruit & Raspberry mousse
Yorkie	Chocolate Dessert Yorkie Crack it Dessert

<b><u>Infant Cereal</u></b> Cerelac	Cerelac Rice Cerelac Rice Mixed Veg Cerelac Rice & Maize Cerelac Wheat Cerelac Honey Cerelac Banana Cerelac Apple Cerelac Mixed Fruits
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Nut Avoidance List Updated January 2022

Herta	All varieties of Frankfurters Mini Frankfurters Chilli Frankfurters
Maggi So Juicy	Sweet & Sour Mixed Herbs Paprika Garlic
	Red Wine & Shallots
	Smoky BBQ Ribs Chicken Balti
	Sticky BBQ Chicken
	Mexican Chicken Chicken Chasseur Italian Chicken
	Italian Meatballs

Maggi So Tender	Garlic Chicken Italian Herb Chicken Paprika BBQ Chicken Mediterranean Tomato
Maggi 3 minute noodles	Beef and Tomato Chicken BBQ Beef Curry
Maggi 2 minute noodles	Assam Laksa Chicken Curry Atta Masala

Maggi Sauces	Tamarina Sauce Masala Chilli Hot & Sweet Chilli
Maggi Liquid Seasoning	Original
Maggi Seasoning	Seasoning cubes
<b>Mezeast</b>	<b>Middle Eastern Chicken Shawarma Seasoning Mix Sachet</b> <b>Middle Eastern Beef Kofta Seasoning Mix Sachet</b> <b>Middle Eastern Chickpea Falafel Seasoning Mix Sachet</b>
<b>Garden Gourmet</b>	<b>Mediterranean Fillet Pieces</b> <b>Sensational Mince</b> <b>Sensational Cumberland Sausage</b> <b>Sensational Burger</b>

<b><u>Milks &amp; Creams</u></b>	
Carnation	Evaporated Milk Evaporated Milk Light Condensed Milk <b>Condensed Milk Vegan</b> Condensed Milk Light Caramel
<b>Carnation Drizzle</b>	<b>Original, Caramel</b>

## Nut Avoidance List Updated January 2022

Ideal	Evaporated Milk
Nestle	Tip Top

<u>Nestle Cereals</u>	
Gluten Free	Original Cornflakes, Honey Cornflakes, Coco Rice, Rice Pops
Harvest Home	Cornflakes, Crisp Rice, Choco Rice
Curiously Cinnamon	Churros
<b>Nestle Water</b>	
San Pelligrino	All varieties
Buxton	All varieties
Pure Life	All varieties
Perrier	All varieties
Aqua Panna	All varieties

**At the time of going to press this list is accurate, however our policy of continuous product improvement may result in changes, so we recommend you check the label.**