

<p>Nestlé UK Ltd <i>Allergy/Intolerance Information</i></p>
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Gluten and Traces of Gluten

Nestlé Goods brought into the UK direct by retailers

Nestlé UK Ltd is part of a large international company, which produces many different products world-wide. As a recipient of the enclosed allergy and intolerance information list you will be aware of our commitment to provide up to date and correct information about our products.

Recently some UK retailers have been importing Nestlé products from both Europe and other countries without our knowledge and as a result we are unable to guarantee that these imported Nestlé products are suitable for your allergy/intolerance. While appearing to be superficially similar to their UK counterparts, there are often recipe and production differences according to the country of origin.

We can, however, guarantee that Nestlé products produced in the UK and shown on this list are suitable for your allergy/ intolerance as outlined in the next few pages.

For your own safety, please check the label of the product that you have purchased – even if you have eaten the product before

If you are unsure please contact us and we will do our best to help you. You can contact us free on 00800 637 85385.

Our website address is www.nestle.co.uk – you can email us from the ‘contact us’ screen.

Useful addresses for further information

Coeliac UK
3rd Floor
Apollo Centre
Desborough Road
High Wycombe
Bucks
HP11 2QW
Tel: 01494 437 278
Fax: 01494 474 349
www.coeliac.org.uk
Email: Foodanddrink@coeliac.org.uk

The Anaphylaxis Campaign
PO Box 275
Farnborough
GU14 6SX
Tel: 01252 546 100
Helpline: 01252 542 029
Fax: 01252 377 140

Gluten Avoidance List

The products listed below do not contain wheat, barley, oats, rye or any added gluten. Any product containing small quantities of gluten considered safe for a gluten free diet (in compliance with Codex Alimentarius levels accepted by Coeliac UK) are highlighted with an asterisk. *

If you require any further information regarding any of our products, please contact:

Consumer Services, Nestle UK Ltd, Freeport, York, YO91 1XY

Tel: 00800 637 85385

Email: consumer.services@uk.nestle.com

Please check our website <https://www.nestle.co.uk/en-gb> for regular updates.

Products listed in **Bold** are recent alterations/additions

Product	Suitable for Gluten Avoidance
Beverages Coffeemate	Original Light
Nescafe Azera	Americano, Intenso, Espresso, Cappuccino, Latte, Mocha, Decaff, Flat White Azera Iced Cappuccino Azera Caramel Latte
Azera To Go	Latte, Americano, Cappuccino
Azera Nitro	Americano, Latte
Nescafe Alta Rica	Alta Rica
Nescafe Black Gold	Black Gold
Nescafe Blend 37	Blend 37
Nescafe Cap Colombia	Cap Colombia
Nescafe Gold Sachets	Latte Caramel Latte Vanilla Cappuccino Decaff Latte Mocha Cappuccino Original Cappuccino Unsweetened Double Choca Mocha Cappuccino Unsweetened Decaff Latte Irish Cream Cappuccino Skinny Latte Skinny Cappuccino Strong Toffee Nut Latte Gingerbread latte
Nescafe Dolce Gusto	All Varieties including Starbucks for Nescafe Dolce Gusto EXCEPT Plant based Flat White Oat, Coconut & Almond
Nescafe Espresso	Espresso
Nescafe Fine Blend	Fine Blend
Nescafe Gold Blend	Standard, Barista Decaff Gold Crema Gold Organic
Nescafe International	International Roast
Nescafe Original	Standard
	Decaff

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Nescafe 3 in 1	Original, Strong, Extra Smooth
Nescafe 2 in 1	Original
Nescafe Shakissimo	Shakissimo Latte Skinny Shakissimo Latte Espresso Shakissimo Latte Cappuccino
Nesquik Powder	Chocolate, Strawberry, Banana, Hot Chocolate, Chocolate 30% less sugar
Nestle Aero	Hot Chocolate Mint
Nido	Nido Milk Powder
Starbucks	Roast & Ground, Whole Bean
Starbucks Sachets	Cappuccino, Latte, Mocha, Vanilla Latte, Caramel Latte
Wunda	Original, Unsweetened

<u>Confectionery</u>	
Aero	Aero Peppermint Bubbles Aero Milk Chocolate Bubbles Aero Milk Chocolate Bars & Sharing Blocks Aero Peppermint Chocolate Bars & Sharing Blocks Aero White Chocolate Bars & Sharing Blocks Aero White Chocolate Bubbles Aero Mousse Bar & Sharing Blocks Aero Minis Aero Caramel Bar Aero Dark Milk Aero Dark Milk Peppermint
After Eight	After Eight Mints After Eight Orange Mint Thins
Animal Bar	Animal Bar
Milkybar	Milkybar Giant White Chocolate Buttons Milkybar Milk & Crunchy Milkybar Giant Buttons Milkshake Milkybar Buttons original
Polo	Polo Mints Original* Polo Spearmint* Polo Sugar Free Mints Polo Fruits Polo Extra Strong
Quality Street	All Quality Street Sweets Quality Street Orange Matchmakers Box Quality Street Mint Matchmakers Box Quality Street Honeycomb Matchmakers Box Quality Street Salted Caramel Matchmakers Box
Rolo	Rolo Chocolate Sharing Block
Rowntrees Confectionery	Rowntrees Fruit Gums* Rowntrees Fruit Pastilles Original* Rowntrees Fruit Pastilles Dessert Rowntrees Fruit Pastilles Berries & Cream Rowntrees Fruit Pastilles Strawberry & Blackcurrant Rowntrees Randoms, Squish'ems, Foamies Rowntrees Randoms Sours Rowntrees Randoms 30% less sugar Rowntrees Pick & Mix Rowntrees Jelly Tots*
Toffee Crisp	Toffee Crisp Chocolate Sharing Block

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Walnut Whip	Walnut Whip
Nestle Whip	Whip Classic
	Whip Caramel
	Whip Mint

Yes! Bars	Beetroot & Apple
	Nut with Sea Salt & Dark Chocolate
	Cranberry & Dark Chocolate
	Coffee & Dark Chocolate
	Lemon & Quinoa
Maggi Sauces	Hot & Sweet Chilli Masala Chilli Tamarina
Maggi Seasoning	Seasoning cubes
Mezeast	Middle Eastern Tahini Sesame Squeezy Sauce Middle Eastern Pomegranate Squeezy Sauce Middle Eastern Tourn Garlic Squeezy Sauce Middle Eastern Harissa Spicy Chilli Cooking Paste Middle Eastern Muhammara Walnut Tomato Paprika Spread
Garden Gourmet	Sensational Mince Sensational Cumberland Sausage Sensational Burger

<u>Milks & Creams</u>	
Carnation	Evaporated Milk Light Evaporated Milk Condensed Milk Light Condensed Milk Vegan Condensed Milk Caramel Extra Thick Cream Milk Pots Carnation Chocolate
Carnation Drizzle	Original, Caramel
Ideal	Evaporated Milk
Nestle	Tip Top Cream

<u>Cerelac Infant Cereal</u>	
Cerelac	Cerelac Rice with Milk Cerelac Rice & Maize Cerelac Mixed Vegetable & Rice with milk

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Meritene Milkshake	All varieties
Meritene Soups	All varieties

<u>Yogurts, Fromage Frais And Desserts</u> Aero Mousse	Chocolate 4x59g pots Peppermint 4x59g pots Double Chocolate Aero Creations Chocolate Aero Heavenly Chocolate Hazelnut Mousse Aero Heavenly Caramel Pecan Mousse
After Eight	After Eight Dessert After Eight Mousse with Chocolate Layers
Angry Birds	Strawberry Yogurt
La Laitiere	Petit Pot de Crème Chocolat Petit Pot de Crème Pistache Secret de Mousse Duo
Lindhals Kvarg	Natural, Vanilla, Raspberry, Coconut, Stracciatella Blueberry & Vanilla
	Protein Pudding – Vanilla, Chocolate
Milkybar	Dessert Little Treats 6 pots Fromage Frais Milkybar Mousse
Nesquik	Nesquik Duo Dessert

Munch Bunch	Yogurts Fromage Frais, variety pack, Strawberry Strawberry & Banana Strawberry/Raspberry Fromage Frais 30% reduced sugar Strawberry/Banana Fromage Frais 30% reduced sugar Squashums strawberry & raspberry, strawberry & peach Double Up Vanilla/Straw, Strawberry & Peach Double Up Straw/Rasp, Strawberry & Chocolate Strawberry Mix Jelly Delights Blackcurrant/Raspberry Munch Bunch Strawberry & Raspberry Fromage Frais Squashums Strawberry Fromage Frais Pouch Squashums Raspberry Fromage Frais Pouch Squashums Strawberry Drink Huge Tubes Strawberry, Raspberry, Banana Fruit Puree
Quality Street	Toffee Penny Dessert Green Triangle Crème Dessert
Rolo	Rolo Milk Dessert, Rolo Dark Dessert Rolo Mousse Rolo Crackin Dessert
Ski Mousse	Lemon mousse Strawberry Mousse Raspberry Mousse Passionfruit & Raspberry Mousse
Yorkie	Chocolate Dessert Yorkie Crackin Dessert

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Nestle Cereals –Go Free	Gluten free Cornflakes, Gluten free Honey Cornflakes, Rice Pops
Nestle Harvest Home	Choco Rice, Cornflakes, Crisp Rice
Nestle Water	
San Pelligrino	All varieties
Buxton	All varieties
Pure Life	All varieties
Perrier	All varieties
Aqua Panna	All varieties

At the time of going to press this list is accurate, however our policy of continuous product improvement may result in changes, so we recommend you check the label.