

<p><b>Nestlé UK Ltd</b> <i>Allergy/Intolerance Information</i></p>
--

**Nuts, Peanuts and Traces of Nuts**

**Nestlé Goods brought into the UK direct by retailers**

Nestlé UK Ltd is part of a large international company, which produces many different products world-wide. As a recipient of the enclosed allergy and intolerance information list you will be aware of our commitment to provide up to date and correct information about our products.

Recently some UK retailers have been importing Nestlé products from both Europe and other countries without our knowledge and as a result we are unable to guarantee that these imported Nestlé products are suitable for your allergy/intolerance. While appearing to be superficially similar to their UK counterparts, there are often recipe and production differences according to the country of origin.

We can, however, guarantee that Nestlé products produced in the UK and shown on this list are suitable for your allergy/ intolerance as outlined in the next few pages.

For your own safety, please check the label of the product that you have purchased – even if you have eaten the product before

If you are unsure please contact us and we will do our best to help you. You can contact us free on 00800 637 85385.

Our website address is [www.nestle.co.uk](http://www.nestle.co.uk) – you can email us from the ‘contact us’ screen.

**Useful addresses for further information**

**The Anaphylaxis Campaign**

**PO Box 275**

**Farnborough**

**GU14 6SX**

**Tel: 01252 546 100**

**Helpline: 01252 542 029**

**Fax: 01252 377 140**

## **FOODS SUITABLE FOR A NUT AVOIDANCE DIET**

The ingredients used in the manufacture of the products listed below do not contain any nuts or their derivatives. Products listed in **bold** are recent additions/alterations.

Where nuts or peanuts are used in one of our products this will be declared on the label as an ingredient in the ingredients listing. If the product does not contain nuts but has been manufactured in an area where it may have come into contact with nuts or nut-containing products, the statement 'may contain nut traces' will be present at the end of the ingredients list.

If you require any further information regarding any of our products, please contact:

Consumer Services, Nestle UK Ltd, Freepost, York, YO91 1XY  
 Tel: 00800 637 85385  
 Email: [consumer.services@uk.nestle.co.uk](mailto:consumer.services@uk.nestle.co.uk)  
 Please check our website [www.nestle.co.uk](http://www.nestle.co.uk) for regular updates

Product	Suitable for a Nut Avoidance Diet
<b>Beverage</b> Coffeemate	Original Light
Nescafe Alta Rica	Alta Rica Decaffeinated
Nescafe Azera	Americano, Intenso, Espresso, Cappuccino, Latte, Mocha, Decaff, Flat White Azera Iced Cappuccino Azera Caramel Latte
Nescafe Azera To Go	Latte, Cappuccino
Nescafe Azera Nitro	Americano, Latte
Nescafe Black Gold	Black Gold
Nescafe Blend 37	Blend 37
Nescafe Cap Colombie	Cap Colombie
Nescafe Gold Sachets	Cappuccino Original Cappuccino Unsweetened Latte Caramel Latte Vanilla Latte Mocha Double Choca Mocha Latte Irish Cream Cappuccino Skinny Latte Skinny Cappuccino Decaff Cappuccino Unsweetened Decaff Cappuccino Strong Toffee Nut Latte Gingerbread Latte
Nescafe Dolce Gusto	All Varieties including <b>Starbucks for Nescafe Dolce Gusto</b>
Nescafe Espresso	Espresso
Nescafe Fine Blend	Fine Blend
Nescafe Gold Blend	Gold Blend

## Nut Avoidance List Updated May 2019

Nescafe International	International Roast
Nescafe Original	Standard Decaffeinated
Nescafe Shakissimo	Shakissimo Latte Skinny Shakissimo Espresso Shakissimo Cappuccino
Nescafe 3 in 1	Original, Strong, Extra Smooth
Nescafe 2 in 1	Original
Nesquik Powder +	Banana Strawberry Chocolate Hot Chocolate Chocolate 30% less sugar
Nestle Aero Hot Chocolate	Chocolate
Nido	Nido Milk Powder

<b><u>Confectionery</u></b>	
Aero	Aero Peppermint Bubbles Aero Milk Chocolate Bubbles Aero Milk Chocolate Bars & Sharing Blocks Aero Peppermint Chocolate Bars & Sharing Blocks Aero Orange Bars & Sharing Blocks Aero White Chocolate Bars & Sharing Blocks Aero White Chocolate Bubbles Aero Mousse Bar & Sharing Blocks
Breakaway	Breakaway Milk Chocolate Biscuit Breakaway Caramac
Caramac	Caramac Bar, Caramac Buttons
Drifter	Drifter Chocolate Biscuit Bar
Kit Kat	KitKat 2 Finger Milk Chocolate Biscuit KitKat 2 Finger Dark Mint Chocolate Biscuit KitKat 2 Finger Orange Chocolate Biscuit KitKat 2 Finger Toffee Treat Chocolate Biscuit KitKat 2 Finger Dark Chocolate Biscuit KitKat 2 Finger Cookies & Cream Chocolate Biscuit KitKat 4 Finger Milk Chocolate Bar KitKat 4 Finger Dark Chocolate Bar KitKat Chunky Milk Chocolate Bar KitKat Chunky White <b>KitKat Chunky Orange Snack size 4 pack</b>
Milkybar	Milkybar White Chocolate Bar & Sharing Block Milkybar White Chocolate Buttons Milkybar Giant White Chocolate Buttons Milkybar Milk & Cookies Sharing Block Milkybar Giant Buttons Milkshake <b>Milkybar Mix Ups</b>
Munchies	Munchies Chocolate Pouch Munchies Tube
Nestle	Pick & Mix Caramel Pick & Mix
Polo	Polo Sugar Free Mints Polo Mints Original Polo Spearmint Polo Fruits & Sharing Bag
Quality Street	Quality Street Mint Matchmakers Box Quality Street Mini Matchmakers Mint Chocolate Pouch

Nut Avoidance List Updated May 2019

	Quality Street Orange Matchmakers Box Quality Street Honeycomb Matchmakers Box Quality Street Salted Caramel Matchmakers Box
Rolo	Rolo Chocolate Tube <b>Little Rolos Pouch Bag</b>

Rowntrees Confectionery	Rowntrees Pick & Mix Rowntrees Jelly Tots Rowntrees Tooty Frooties Rowntrees Randoms, Squish'ems, Foamies Rowntrees Randoms 30% less sugar Rowntrees Randoms Sours Rowntrees Fruit Gums Rowntrees Fruit Pastilles Rowntrees Fruit Pastilles 30% less sugar Rowntrees Fruit Pastilles Berries & Cream Rowntrees Fruit Pastilles Blackcurrant & Strawberry
Smarties	Smarties Tube Mini Smarties Smarties Milk Chocolate Bar & Sharing Block Smarties Little Bar
Toffee Crisp	Toffee Crisp Single Chocolate Bar Toffee Crisp Biscuit Bar Toffee Crisp Honeycomb
Yorkie	Yorkie Milk Chocolate Bar Yorkie Milk Duo Chocolate Bar Yorkie Raisin & Biscuit Chocolate Bar Yorkie Raisin & Biscuit Duo Chocolate Bar Yorkie Honeycomb Bar Yorkie Biscuit Bar Yorkie Protein

<b><u>Nutritional Supplements</u></b>	
Meritene Milkshake	All varieties
Meritene Soup	All varieties

<b><u>Yogurts, Fromage Frais &amp; Desserts</u></b>	
Aero	Chocolate Mousse Chocolate Creations Peppermint Mousse
After Eight	After Eight Dessert After Eight Mousse with Chocolate Layers
Angry Birds	Strawberry Yogurt
Lindhals Kvarg	<b>Natural, Vanilla, Raspberry, Coconut, Stracciatella, Blueberry &amp; Vanilla</b>
La Laitiere	<b>La Laitiere Crème aux Oeufs La Laitiere Petit Pot de Crème Chocolat La Laitiere Petit Pot de Crème Pistache La Laitiere Secret de Mousse Duo</b>
Munch Bunch	All varieties of Yogurt and Fromage Frais
	Jelly Delight Blackcurrant/Raspberry

Nut Avoidance List Updated May 2019

	Strawberry/Raspberry Fromage Frais 30% Reduced Sugar Strawberry/Banana Fromage Frais 30% Reduced Sugar
	Huge Tubes Strawberry, Raspberry, Banana Double Up Strawberry & Peach
Milkybar	Milkybar Dessert Milkybar Little Treat Pots Fromage Frais Milkybar Mousse
Nesquik	Nesquik Fromage Frais 6 pack Nesquik Duo Dessert
Quality Street	Toffee Penny Dessert
	Green Triangle Crème Dessert
Rolo	Rolo Chocolate Dessert, Dark Dessert Rolo Mousse Rolo Crack it Dessert

Ski	All varieties of Ski Yogurt Low Fat Smooth Tropical Yogurt
Ski Mousse	Lemon Mousse Strawberry Mousse Raspberry Mousse Passionfruit & Raspberry mousse
Yorkie	Chocolate Dessert Yorkie Crack it Dessert

<b><u>Infant Cereal</u></b>	
Cerelac	Cerelac Rice Cerelac Rice Mixed Veg Cerelac Rice & Maize Cerelac Wheat Cerelac Honey Cerelac Banana Cerelac Apple Cerelac Mixed Fruits

Herta	All varieties of Frankfurters Mini Frankfurters Chilli Frankfurters
Maggi So Juicy	Sweet & Sour Mixed Herbs Paprika Garlic Red Wine & Shallots Smoky BBQ Ribs Chicken Balti Sticky BBQ Chicken Mexican Chicken Chicken Chasseur
	Italian Chicken Italian Meatballs

Nut Avoidance List Updated May 2019

Maggi So Tender	Garlic Chicken Italian Herb Chicken Paprika BBQ Chicken Lemon & Dill Salmon Mediterranean Tomato
Maggi 3 minute noodles	Beef and Tomato Chicken BBQ Beef Curry
Maggi 2 minute noodles	Assam Laksa Chicken Curry
Maggi Fusian Noodles	Aromatic Spiced Curry Fiery Sweet Chilli Classic Chow Mein Hoisin Duck

Maggi Sauces	Tamarina Sauce Masala Chilli Hot & Sweet Chilli
Maggi Liquid Seasoning	Original
Maggi Seasoning	Seasoning cubes

<b><u>Milks &amp; Creams</u></b> Carnation	Evaporated Milk Evaporated Milk Light Condensed Milk Condensed Milk Light Caramel Chocolate Milk Pots
Ideal	Evaporated Milk
Nestle	Tip Top

<u>Nestle Cereals</u> Gluten Free	Original Cornflakes, Honey Cornflakes, Coco Rice, Rice Pops
<b>Harvest Home</b>	<b>Cornflakes, Crisp Rice, Choco Rice</b>
Nestle Water	All Nestle Waters

**At the time of going to press this list is accurate, however our policy of continuous product improvement may result in changes, so we recommend you check the label.**