

<p><b>Nestlé UK Ltd</b> <i>Allergy/Intolerance Information</i></p>
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**Milk and Traces of Milk**

**Nestlé Goods brought into the UK direct by retailers**

Nestlé UK Ltd is part of a large international company, which produces many different products world-wide. As a recipient of the enclosed allergy and intolerance information list you will be aware of our commitment to provide up to date and correct information about our products.

Recently some UK retailers have been importing Nestlé products from both Europe and other countries without our knowledge and as a result we are unable to guarantee that these imported Nestlé products are suitable for your allergy/intolerance. While appearing to be superficially similar to their UK counterparts, there are often recipe and production differences according to the country of origin.

We can, however, guarantee that Nestlé products produced in the UK and shown on this list are suitable for your allergy/ intolerance as outlined in the next few pages.

For your own safety, please check the label of the product that you have purchased – even if you have eaten the product before

If you are unsure please contact us and we will do our best to help you. You can contact us free on 00800 637 85385.

Our website address is [www.nestle.co.uk](http://www.nestle.co.uk) – you can email us from the 'contact us' screen.

**Useful addresses for further information**

**The Anaphylaxis Campaign**  
**PO Box 275**  
**Farnborough**  
**GU14 6SX**  
**Tel: 01252 546 100**  
**Helpline: 01252 542 029**  
**Fax: 01252 377 140**

## **Foods Suitable for a Milk Avoidance Diet**

The products listed below do not contain any ingredients of milk origin. Products listed in **bold** are recent additions/alterations.

Where milk is used in one of our products this will be declared on the label as an ingredient in the ingredients listing. If the product does not contain milk but has been manufactured in an area where it may have come into contact with milk or milk-containing products, the statement 'may contain milk traces' will be present at the end of the ingredients list.

If you require any further information regarding any of our products, please contact:

Consumer Services, Nestle UK Ltd, Freepost, York, YO91 1XY

Tel: 00800 637 85385

Email: [consumer.services@uk.nestle.co.uk](mailto:consumer.services@uk.nestle.co.uk)

Please check our website [www.nestle.co.uk](http://www.nestle.co.uk) for regular updates.

Product	Suitable for Milk Avoidance Diet
<b>Beverages</b>	
Nescafe Azera	Americano, Intenso, Decaff
<b>Azera Nitro</b>	<b>Americano</b>
Nescafe Alta Rica	Alta Rica
Nescafe Black Gold	Black Gold
Nescafe Blend 37	Blend 37
Nescafe Cap Colombie	Cap Colombie
Nescafe Dolce Gusto	Espresso
	Espresso Decaff Espresso Ristretto Espresso Intenso Espresso Barista Aroma Cafe Crema Grande Cafe Grande Intenso Americano Lungo Mild Lungo Lungo Decaff Nestea Peach Soy Cappuccino
Nescafe Espresso	Espresso
Nescafe Fine Blend	Fine Blend
Nescafe Gold Blend	Gold Blend Gold Blend Decaff Gold Blend Crema
Nescafe International	International Roast
Nescafe Original	Original Original Decaff
Nesquik Powder	Strawberry tub Chocolate tub Banana tub Chocolate 30% less sugar

## Milk Avoidance Updated December 2018

<b><u>Confectionery</u></b> Polo	Polo Mints Original Polo Fruits & Sharing Bag Polo Spearmint Polo Sugar Free Mints Polo Clear Share bag
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Rowntrees Confectionery	Rowntrees Fruit Gums Rowntrees Fruit Pastilles Original, <b>Rowntrees Fruit Pastilles 30% less sugar</b> Rowntrees Jelly Tots Rowntrees Pick & Mix Rowntrees Randoms <b>Rowntrees Randoms 30% less sugar</b> <b>Randoms Sours</b> Rowntrees Fruit Pastilles Strawberry & Blackcurrant Rowntrees Fruit Pastilles Berries & Cream
<b>Yes! Bars</b>	<b>Apple &amp; Beetroot</b> <b>Lemon &amp; Quinoa</b>

<b><u>Grocery</u></b>  <b>Garden Gourmet Chilled</b>	<b>Falafal Beetroot</b> <b>Falafal Spicy</b> <b>Falafal Spinach</b> <b>Gourmet Burger</b> <b>Bake Lentil &amp; Carrott</b> <b>Fillet Pieces</b>
<b>Garden Gourmet Frozen</b>	<b>Gourmet Mince</b> <b>Classic Burger</b> <b>Chargrilled Pieces</b> <b>Bake Quinoa Broccoli</b>

<b><u>Pasta &amp; Cheese</u></b> Buitoni	All varieties of Dry Pasta All varieties of Pasta Sauces
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<b>Maggi 2 minute noodles</b>	Chatpata
<b>Maggi Sauce</b>	Hot & Sweet Chilli Masala Chilli Tamarina
Maggi Liquid Seasoning	Original

<b><u>Nestle Cereals</u></b>	
Shredded Wheat	Original, Bitesize, Honey Nut, Orchard Fruits, Summer Fruits
Shreddies	Original Shreddies, Cocoa, Cocoa Caramel, Honey, Frosted

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Cheerios	Original Cheerios, Honey, Chocolatey, Oat
Fitness	Original, Fruit
Nestle Go Free	Gluten Free Original Cornflakes, Honey Cornflakes Gluten Free Rice Pops, Coco Rice Pops
Nestle Harvest Home	Bran Flakes, Choco Rice, Crisp Rice, Cornflakes
<b>Nestle Water</b>	All Nestle Waters

**At the time of going to press this list is accurate, however our policy of continuous product improvement may result in changes, so we recommend you check the label.**